

esade

Psychological and Counselling Service

ACA DEM ICS

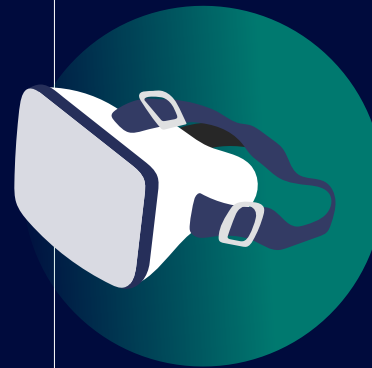
Exams represent key moments in your life as a student, and, on behalf of PACS and Esade Library, we want to help you strengthen and improve your academic results and wellbeing during this time.

Archive

You'll find a dedicated section on the PACS website featuring materials and resources that can help you prepare for exams both academically and personally.



Virtual reality glasses



VR glasses allow you to enter a digitally-created world to experience new situations and a wide range of emotions while working on improving your academic and interpersonal skills. Contact the Esade Library to take part in a scheduled introductory session and to be able to check out and use these glasses.

Immersion Room

Visit our immersion room, featuring innovative technology to completely submerge yourself in a multisensorial visual and audio experience. You can access this room free of charge and without prior appointment.

From April 4th to May 31st

Barcelona & Sant Cugat Campus

From Monday to Friday, 8.30 AM - 7 PM



Good luck
for the exams!

Psychological and Counselling Service
in collaboration with Esade Library

For additional information about any of these initiatives and applicable schedules or to request an appointment, you can visit the PACS website or send us an email at pacs@esade.edu